

Welcome to this edition of San News.

THIS NEWSLETTER HIGHLIGHTS SOME AMAZING STORIES FROM STAFF AND DOCTORS, INFORMATION ON SERVICES AND EVENTS, AND ALSO DEMONSTRATES HOW – DESPITE THE CONTINUED IMPACTS OF THE COVID-19 – WE HAVE BEEN ABLE TO CONTINUE TO MEET THE HEALTHCARE NEEDS OF OUR COMMUNITY.

We want to take the opportunity to thank our staff for going above and beyond during this time to care for you - our community, and in return we also want to thank our community for supporting us through the boundless uncertainty of these last few years.

In the depths of staffing shortages, both Sydney Adventist Hospital and San Day Surgery Hornsby have successfully met the requirements to be granted three years of accreditation under version 2 of the National Standards.

As you may be aware, for the first time in our hospital's 119-year history we fell out of contract with a private health insurer. This was extremely concerning for us and were pleased when negotiations were finalised and we announced a new agreement effective from 1 June 2022.

Also inside this edition of San News you can read about some special achievements from our amazing staff and doctors, as well as get an inside look into our recent recruitment campaign.

Brett Goods, AHCL CEO

Well done team San on our outstanding accreditation results

UNDER TOUGH CONDITIONS, THE SAN SAILS THROUGH ITS LATEST ACCREDITATION.

At the height of Covid, with staff shortages and challenges never experienced before, both Sydney Adventist Hospital and San Day Surgery Hornsby have successfully met the requirements to be granted three years of accreditation under version 2 of the National Standards. CEO of Adventist HealthCare Limited (AHCL) Mr Brett Goods said that he is extremely proud of the outstanding accreditation results. Five surveyors spent four days at AHCL and acknowledged that the survey was conducted under very challenging circumstances - with more than 100 staff temporarily off on any given day. "We are also delighted that the surveyors noted that for an organisation of AHCL's size and complexity, to gain accreditation in a single event without the need for high-priority follow-up of recommendations is not common across Australia," said Mr Goods. "The results are testament to the commitment that both leadership and staff have to patient care and to the excellent clinical and medical services that we offer."

Nurse Helen swings into action

"PUT SIMPLY, NURSE HELEN SAVED MY SON'S LIFE ON THE AFTERNOON OF MONDAY, 25TH OCTOBER AT GORDON TRAIN STATION." – CHRIS, MOTHER OF FELIX, 15 YEAR OLD BOY.

On the 25th of October Level 8 Radley nurse, Helen, was waiting for her train at Gordon station when she noticed a boy in an unconscious state. With her nursing training springing into action she quickly realised that with his changing colour and rapidly failing pulse, this teenage boy was in serious danger. Helen swiftly moved him into the recovery position, cleared his airways and commenced CPR. A short while after this, train station staff introduced a defibrillator and applied three shocks. Whilst train station staff assisted on the defibrillator, Nurse Helen and two members of the public continued CPR until the ambulances arrived quite some time later.

Felix, the 15 year old boy, had suffered a cardiac arrest from Wolff-Parkinson-White syndrome. "Through Helen's actions, not only did my son Felix survive the cardiac arrest, but due to Helen's prompt action, and quality CPR, Felix has recovered both physically and cognitively with little to no damage" shared Chris, Felix's mother.

"Helen is genuinely the Guardian Angel and Hero to our son Felix".

WELL DONE NURSE HELEN FOR YOUR BRAVE, RAPID, EXPERT RESPONSE!



SAN RECRUITMENT CAMPAIGN

A Culture of Health

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Culture of Health
Growth
Balance
Purpose

A CULTURE OF HEALTH:
WHOLE-PERSON HEALTH IS
WOVEN INTO THE FABRIC
OF EVERYTHING WE DO AT
SYDNEY ADVENTIST HOSPITAL.

You may have seen our new recruitment campaign on your socials recently. This new campaign is helping the San find new superstar employees across the Hospital. The campaign is backed by research including interviews with San Nursing Managers and key leaders in the organisation. The result was the 4 key pillars below:

Community

Be part of a diverse team of healthcare experts, which brings together a wealth of knowledge, experiences, and perspectives. We know that together, we're greater than the sum of our parts – and we treat every individual with care and respect. Every member of our community has an important part to play and brings something valuable to the table.

Balanc

We know work is just one facet of your life, and actively encourage you to keep it that way! If you want to do well at work, it's critical that you maintain a nourishing, restorative and rewarding personal life. So, whether it's through regular breaks, great staff facilities or flexible work arrangements, we make it easier for you to strike the balance that's right for you.

Purpose

We are united by our fundamental belief in the importance of whole-person care, and that the health of our community is worth striving for every single day. We're motivated and inspired by the positive impact we're able to make – whether it's by bringing comfort to someone's day, or raising the bar for the health of our entire world.

Growth

We want you to be the absolute best you can be – and we'll give you every opportunity to keep learning and growing. From continued professional development to diverse career pathways, we offer all the support we can to help you thrive. The better you become, the better we become.

Keep an eye out; the campaign is supported through the roll out of various materials including a recruitment video, online recruitment advertisements, local community strategies, and social media strategies, so you might see it around!

TO WATCH OUR NEWEST RECRUITMENT



WHAT A MILESTONE!

18,000 cardiac surgery on bypass

IN DECEMBER LAST YEAR THE SAN
REACHED A NEW MILESTONE OF 18,000
CARDIAC SURGERIES ON BYPASS.

Congratulations to all individuals and teams that were involved in reaching this milestone. A small celebration was held this year, and attended by both AHCL CEO Brett Goods and AHCL Operations and Nursing Executive Clare Lumley.

As of the June 21st these teams have completed a further 97 cardiopulmonary bypass surgeries with another 700 using surgical standby.

In further exciting news, the San now has a new fleet of heart-lung machines. These machines are also known as cardiopulmonary bypass machines and they take over from the heart by replacing the heart pumping action and by adding oxygen to the blood.

Robotic Colorectal 'Super' Fellowship at The San is One of a Kind





THE ONLY ONE OF ITS KIND IN AUSTRALIA, THE ROBOTIC COLORECTAL 'SUPER' FELLOWSHIP AT THE SAN SEES CONSULTANT-LEVEL TRAINING FOR A FULL YEAR UNDER THE GUIDANCE OF TWO OF AUSTRALIA'S EXPERT ROBOTIC SURGEONS.

The San has an outstanding reputation for colorectal robotic surgery, with one contributing factor being the commitment of two of Australia's most experienced consultant robotic surgeons. Associate Professor Craig Lynch and Dr Stephen Pillinger have a combined experience of more than 20 years in robotic colorectal surgery and are two of only five proctors for robotic colorectal training in NSW. (A third proctor, Dr Barto, also operates at the San)

In 2021, Associate Professor Lynch and Dr Pillinger filled a niche in the robotic training landscape of Australia when they established a new fellowship that provides year-long high-volume colorectal training at the consultant level.

"Most fellowships are designed for preconsultant level," explained Dr Pillinger. "Our new fellowship, instead, trains a junior consultant surgeon. Candidates are fully qualified colorectal surgeons but are early in their career so they can undertake fulltime dedicated training. They complete the fellowship with high-level expertise having done dozens of cases during the year alongside either Craig or myself."

ast year's successful applicant, Praveen Ravindran, has completed 87 cases – far in excess of standard colorectal robotic training where online training and three proctored case can qualify a consultant surgeon to perform a robotic approach.

"Doing such a high volume alongside the most experienced robotic surgeons means that the learning curve is steep," said Dr Ravindran, who is also an Accredited Medical Officer at the Sar "Every week for almost a

year, I've been seeing and doing procedures with expert mentors. A robotic is different to laparoscopic approach and a good surgeon knows the subtleties – for example, how you place the arms, how you grip and roll tissue. I've learned and done so much of the more nuance and complex aspects of working with the robot It becomes more and more obvious through the training how much patients benefit from robotic surgery with an experienced team."

As part of the dedicated focus that Dr Ravindra was able to give to the fellowship, he has completed related courses and research, presenting and publishing his work to peers and international meetings (online due to the pandemic).

"We felt that the private sector needed this level of training because patients choosing a private hospital want to select their own highly experienced surgeon," said Dr Pillinger. "its difficult to train this wayin the public system, and the San's outstanding high-volume colorectal department has been an excellent setting, given how the fellowship is structured."

This year's fellow is Dr Assad Zahid, already a consultant at the San. There are plans for the fellowship to open to international candidates in future years, given its



Dr Stephen Pillinger Consultant Colon & Rectal Surgeo



A/Prof Craig Lynch Robotic & Colorectal Surgeon

Congratulations to San Radiographer Don Nocum

SAN INTERVENTIONAL
RADIOGRAPHER DON
NOCUM WAS RECENTLY
CERTIFIED AS AN ASMIRT
(AUSTRALIAN SOCIETY OF
MEDICAL IMAGING AND
RADIATION THERAPY)
ADVANCED PRACTITIONER.



Mr Nocum collaborates with interventional radiologists, university academics and researchers from Australia and across the globe. He has published in various local and international peer-reviewed journals.

and teaching, and clinical leadership.

"Personally, this is a monumental achievement and very rewarding as a radiographer for my work and research contributions to be recognised for undertaking this pathway," said Mr Nocum, who has been with San Radiology and Nuclear Medicine (SRNM) for the past 11 years and has helped promote it into a centre of excellence in NSW. "San Radiology Chief Radiographer Ms Nadine Thompson has been a very supportive mentor of my work at the hospital.

"I hope to work alongside ASMIRT in exploring more advanced practice roles for radiographers and to assist others who are passionate about this pathway. In the UK, this model of certification has been operating successfully for decades and I look forward to helping ASMIRT establish it in Australia to further support radiographers working at the forefront of emerging procedures and technologies."



Mr Nocum is also currently a PhD candidate at The University of Sydney with his thesis focused on radiation dose optimisation for uterine artery embolisation (UAE) procedures, which are performed at SRNM by Dr Eisen Liang for the treatment of patients with symptomatic uterine fibroids and adenomyosis.

Ms Thompson said that it has been a privilege to see Don develop both professionally and personally while working through the ASMIRT Advanced Practitioner pathway.

"His success is a credit to his tenacity and commitment to his profession," she said. "Don is an inspiration and a true pioneer for the future of radiographic practice."

Dr Geoffrey Herkes, Director of Research at AHCL, agrees that Mr Nocum is an inspiring member of the team, commenting: "He has been recognised with an outstanding award, is finishing a doctoral degree, and exemplifies the belief that research is such an integral part of what we do."

Director of San Radiology and Nuclear Medicine Operations, Mr Geoff Andrews, congratulated Mr Nocum on the momentous achievement, noting the achievement as a ground-breaking one for imaging practitioners and is a great recognition for many years of work towards this achievement.

"The contribution Don makes to the quality of the San Radiology service is significant and it is performed with a humble, unassuming and achievement-oriented focus that I find admirable," said Mr Andrews. "We are lucky to have Don as part of the San Radiology and Nuclear Medicine team."

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Our Student Doctors



LAST YEAR, AUSTRALIAN
NATIONAL UNIVERSITY (ANU)
MEDICAL STUDENT LUCY
THAWLEY WAS AMONGST THE
INAUGURAL GROUP OF THIRD
YEAR STUDENTS TO COMPLETE
ROTATIONS ACROSS SEVERAL
MEDICAL AND SURGICAL AREAS.
THIS YEAR, SHE WAS THE FIRST
TO COMPLETE AN ELECTIVE IN
ICU AT THE SAN.

"I opted to do an additional two weeks in ICU during my holidays as we are only scheduled a one week rotation," said Lucy. "It's a very interesting area of medicine and because it is so complex, I wanted to spend more time there learning.

"In ICU, patients come in with such a wide range of conditions from all the major medical and surgical disciplines. You get to put into practice everything you have learnt in medicine. It's also a specialty where you can see your treatments and interventions working in real time, which can be very rewarding."

Lucy says she found both administrative staff and medical supervisors at the San to be very supportive, enhancing her learning experience. They were a major factor in her wanting to spend additional time in the ICU. Administration staff created opportunities for her, while doctors were generous with their knowledge, and actively created useful clinical learning opportunities.

"Because of Covid, electives have been limited or cancelled for most medical students," explained Lucy. "I feel lucky to have been able to complete an acute care elective at the San. It's been an amazing experience."

The ACHL–ANU collaboration commenced in 2020, with a focus in education, research and clinical service

We are thrilled to welcome new nurses to Adventist Healthcare





Australia Day Honours

Congratulations to Clinical Professor Saxon Smith who was made a Member in the General Division of the Order of Australia for significant service to medicine as a dermatologist and researcher, and to professional societies.

And congratulations to Dr Geoffrey Herkes who was made a Member in the General Division of the Order of Australia for significant service to medicine as a neurologist, to medical research, and to professional



Dr Geoffrey Herkes



Clin/Professor Saxon Smith

Australian Health Service Alliance (AHSA) **Fund Agreement**

Bobbin

Classic

2022

Head Cycle

postponed

SYDNEY ADVENTIST HOSPITAL IS PROUD TO BE A GOLD SPONSOR OF THE BOBBIN HEAD CYCLE CLASSIC ONCE AGAIN THIS YEAR WHILE ALSO ENTERING THE 'SAN CYCLISTS' TEAM FOR ANOTHER YEAR.

The Bobbin Head Cycle Classic (also known as BOBBO) raises much needed funds to support Lifeline – an Australian charity that provides 24-hour crisis support and suicide prevention

This year the ride was meant to be held on Sunday March 27th but due to the large amount of rain forecast for the Sunday, and the very poor pavement conditions the ride has been postponed till Sunday September

So far, the San Cyclists team has raised over \$2,000 for Lifeline and other charities. As the ride is now postponed there is plenty of time to

sponsor the team or a rider. You can still donate here

San Cyclists - Team Fundraising -Bobbin Head Cycle Classic.

> A new agreement has now been since 1 June 2022 members of reached between Australian Health Service Alliance (AHSA) and Adventist HealthCare.

AHCL is pleased to announce that we have received an updated offer from the AHSA for a new three-year contract which

Please be assured over the last we have accepted. This means

AHSA funds have been able to come to Sydney Adventist Hospital and San Day Surgery Hornsby for treatment and receive the full benefit of their health insurance cover.

several months we've worked

extremely hard to reach an agreement. We are delighted to have now reached a resolution so that we can continue to provide the best possible care to our community.

How the San stepped up to respond to COVID

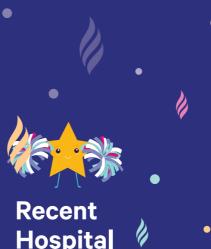


By Jeanette Conley, Medical and Clinical **Governance Executive**

Early days: establishing frameworks

COVID continues: being agile

Reflecting as we get back to normal



Hospital / **Celebrations**

THIS YEAR MAY 9-15 WAS AHCL'S STAFF WEEK, WHERE WE CELEBRATED ALL STAFF AND VOLUNTEERS ACROSS SYDNEY ADVENTIST HOSPITAL AND SAN DAY SURGERY HORNSBY.

Each day during the week the Hospital celebrated all the amazing San Star's thanking them for their years of service and continued hard work with awards and an appreciation meal from San Cafe.

Each day the Executive team held Town Hall sessions to update staff on Hospital happenings as well as recognised our long serving team members and Mission Ambassadors with an award presentation.

The week after this was National Volunteers Week around Australia. This was a chance for all of us to celebrate and recognise the vital work the San Volunteers do and say a big thank you for their generosity.

Since the impact of Covid and pausing the volunteer program over various periods in the last few years, in 2021 our San Volunteers still managed to donate 15,182 hours to the San.



APPOINTED DIRECTOR OF

ANU-BASED **ECCLES**

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