

GASTROINTESTINAL (GI) SERVICES

Sydney Adventist Hospital provides a comprehensive range of services for the management and treatment of gastrointestinal conditions. Our multi-disciplinary team comprises of surgeons, physicians, radiologists and nurses to ensure that each patient receives sophisticated diagnosis, treatment and long-term management of their condition.

Gastrointestinal Specialists Accredited at Sydney Adventist Hospital

- 34 general surgeons subspecialising in:
 - Gastric and oesophageal surgery
 - Colo-rectal surgery
 - Hepatobiliary and pancreatic surgery
 - Obesity surgery
 - Robotic surgery
- 15 gastroenterology and hepatology specialists

The contact details of the specialists can be found at www.sah.org.au/find-a-specialist

Gastrointestinal Facilities

- 40 inpatient gastrointestinal surgical beds
- 30 ICU beds
- 4 dedicated day procedure theatres

Diagnostic Services

Sydney Adventist Hospital offers a comprehensive range of diagnostic and interventional services including:

Diagnostic Imaging (provided by San Radiology)

- Digital X-Ray (Low Dose)
- Ultrasound
- CT (Ultra Low Dose - 384 slice), including:
 - Dual Energy CT (Lesion Characterisation / CT Angiography)
 - CT Colonography
 - CT Enterography
 - CT Cholangiography
- MRI (3T – high field), including:
 - MRI Enterography
 - MRCP (MRI Cholangiography)
 - MRI Liver (including the use of Primovist where indicated for lesion characterisation and increased specificity / sensitivity)

- Fluoroscopy (Barium Examinations - Meal, Small Bowel Series/Follow-through, Enema) including paediatrics

Pathology (operated by Douglass Hanly Moir) offers a comprehensive range of pathology services on-site.

Nuclear Medicine

- PET scans - for a range of oncological applications, including bowel cancer and gastro-oesophageal cancer
- Biliary/gall bladder/HIDA scan - for evaluation of acute or chronic cholecystitis
- Gastric emptying studies

Treatment of Gastrointestinal Conditions

Emergency Treatment

Sydney Adventist Hospitals emergency department is staffed 24/7, and supported by emergency medicine specialists (FACEM) and on-call gastrointestinal surgeons and gastroenterologists. The hospital is supported 24/7 by an emergency anaesthetic roster.

Gastrointestinal Surgery

Our specialists treat a range of conditions and are skilled in:

- Upper and Lower GI Endoscopy
- ERCP (Endoscopic Retrograde Cholangiopancreatography)
- Colorectal Surgery
- Hepatobiliary and Pancreatic Surgery
- Gastroenterology and Hepatology
- Upper and Lower GI Surgery
- Gastric and Oesophageal Surgery
- Bariatric Surgery

Minimally Invasive Gastrointestinal Surgery

The range of surgical options used by our specialists at the San allows the surgeon to choose the most appropriate treatment for their patients:

- Open surgery
- Laparoscopic surgery
- Robotic surgery

Interventional Radiology

- Deep Organ Biopsies and Fine Needle Aspirations (Liver, Pancreas, Lymph Nodes etc) using CT, Ultrasound +/- Fluoroscopic guidance
- Diagnostic Angiography
- Percutaneous drainages (biliary, pleural, abdominal ascites)
- Percutaneous biliary stenting
- Percutaneous cholecystostomy
- Percutaneous Transluminal Angioplasty (PTA) – balloon or stent;
- Percutaneous Transluminal Embolisation (PTE) – management of GI bleeds
- Radiofrequency Ablations (liver and kidney lesions)
- Transarterial Chemoembolisation (TACE) - for primary and secondary liver lesions
- Selective Internal Radiation Therapy (SIRT) - for primary and secondary liver lesions

Gastrointestinal Cancer Services

Sydney Adventist Hospital is renowned for excellence in cancer care services, offering a range of treatments, care options and support services for patients and carers including:

- Gastrointestinal multi-disciplinary cancer team of oncology specialists and surgeons, specialist nurses and relevant allied health support including physiotherapy, radiology, pathology, dietitians, speech pathology and occupational therapy
- On-site radiation oncology offering radiation treatment to both in-patients and out-patients
- Poon Day Infusion Centre for patients who require a day-stay infusion, blood transfusion or chemotherapy
- Poon Oncology Ward offers private patient rooms with ensuites, a quiet patient/visitor room and an indoor atrium and garden
- Medical and surgical treatment and interventional radiology
- Cancer genetics

- Active involvement in clinical trials to provide patients with the best possible treatment outcomes
- Palliative care under the patient's usual specialist and/or a palliative care specialist
- Cancer Support Centre with educational information, support and survivorship programs, counselling and resources
- Purpose-built low-cost accommodation for travelling outpatients and their families
- An extensive range of diagnostic and allied health services

Allied Health and Support

Sydney Adventist Hospital offers allied health and support services for gastrointestinal patients including:

- Nutrition services including dietary treatment and management of:
 - Food allergies and intolerances including but not limited to FODMAP (fermentable oligosaccharides, disaccharides, monosaccharides and polyols) sensitivities.
 - Gastrointestinal symptoms such as diarrhoea, constipation, bloating and malabsorption.
- Stomal therapy
- Diabetes education service for in-patients
- Case management

Excellence in Medical and Nursing Care

- The San is known for its unique and exceptional care – it's part of the fabric of the San. We attract highly skilled and qualified Specialists and Registrars, and they work hand in hand with our very experienced nursing teams.
- Maintaining a high quality of nursing and clinical staff is vital to the care of our patients. The San boasts a very loyal and committed nursing team. The unique care is evidenced by our low staff turnover and our low reliance on agency staff.
- Supporting our tremendous nursing staff are the pastoral and counselling teams available for our patients and their carers.

Please see www.sah.org.au for further information on our services.

For SAH accredited specialists contact Medical Administration on 02 9487 9400 or find a San specialist at www.sah.org.au/find-a-specialist

185 Fox Valley Road, Wahroonga NSW 2076
Ph: 02 9487 9111 Fax: 02 9487 9266
www.sah.org.au/GPs

A division of **Adventist HealthCare Limited** ABN 76 096 452 925



SYDNEY
ADVENTIST
HOSPITAL